



### FOOTHOLDS #3

#### THREATS AND VULNERABILITIES: SEXUAL TEMPTATION

Call Study – Jason Park

*"Flee the evil desires of youth and pursue righteousness.."* **2 Tim. 2:2**

In the spring, at the time when kings go off to war, David sent Joab out with the king's men and the whole Israelite army. They destroyed the Ammonites and besieged Rabbah. But David remained in Jerusalem. <sup>2</sup> One evening, David got up from his bed and walked around on the roof of the palace. From the roof he saw a woman bathing. The woman was very beautiful, <sup>3</sup> and David sent someone to find out about her. The man said, "She is Bathsheba, the daughter of Eliam and the wife of Uriah the Hittite." <sup>4</sup> Then David sent messengers to get her. She came to him, and he slept with her. (Now she was purifying herself from her monthly uncleanness.) Then she went back home. <sup>5</sup> The woman conceived and sent word to David, saying, "I am pregnant." <sup>6</sup> So David sent this word to Joab: "Send me Uriah the Hittite." And Joab sent him to David. <sup>7</sup> When Uriah came to him, David asked him how Joab was, how the soldiers were and how the war was going. <sup>8</sup> Then David said to Uriah, "Go down to your house and wash your feet." So Uriah left the palace, and a gift from the king was sent after him. <sup>9</sup> But Uriah slept at the entrance to the palace with all his master's servants and did not go down to his house.

<sup>14</sup> In the morning David wrote a letter to Joab and sent it with Uriah. <sup>15</sup> In it he wrote, "Put Uriah out in front where the fighting is fiercest. Then withdraw from him so he will be struck down and die." **2 Sam. 11:1-14**

#### A MAN'S GUIDE TO OVERCOMING TEMPTATION

##### AVOID **IDLENESS**: BE WHERE YOU'RE SUPPOSED TO BE

In the spring, at the time when kings go off to war, David sent Joab out with the king's men... But David remained in Jerusalem. **2 Sam. 11:1**

Idle hands are the devil's workshop; idle lips are his mouthpiece. **Prov. 16:27**

What activities (or lack of) put you at risk of becoming idle?

##### STAY ON **GUARD**: GUARD YOUR EYES AND HEART

One evening David got up from his bed and walked around on the roof of the palace. From the roof, he saw a woman bathing. The woman was very beautiful." **2 Sam. 11:2**

Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. **1 Pet. 5:8**

What are practical ways to stay alert and guard your eyes and heart?

## RESPOND TO AN **ATTACK**: FIGHT OR FLEE

<sup>11</sup>One day he went into the house to attend to his duties, and none of the household servants was inside. <sup>12</sup>She (Potiphar's wife) caught him (Joseph) by his cloak and said, "Come to bed with me!" But he left his cloak in her hand and **RAN** out of the house. **Gen. 39:11-12**

Flee the evil desires of youth and pursue righteousness, faith, love, and peace, along with those who call on the Lord out of a pure heart. **2 Tim. 2:2**

How do you flee evil? Why do men often fail to leave dangerous situations?

## RESPECT SIN'S **CAPABILITY**: CONSIDER THE CONSEQUENCES

David sent someone to find out about her. The man said, "She is Bathsheba, the daughter of Eliam and the wife of Uriah the Hittite." <sup>4</sup>Then David sent messengers to get her. **Sam. 1:3-4**

<sup>4</sup>The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. <sup>5</sup>We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. **2 Cor. 10:4-5**

Recall a moment when you underestimated the consequences of sin.

## RESPECT SIN'S **BLAST RADIUS**: KNOW THE WORST-CASE SCENARIO

The woman conceived and sent word to David, saying, 'I am pregnant.' **2 Sam. 1:5**

<sup>7</sup>Do not be deceived: God cannot be mocked. Man reaps what he sows. <sup>8</sup>Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life. **Gal. 6:7-8**

Write the names of people in your blast radius \_\_\_\_\_

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## REPENT **IMMEDIATELY**: DON'T COVER SIN – ERASE IT

In the morning David wrote a letter to Joab and sent it with Uriah. In it, he wrote, 'Put Uriah out in front where the fighting is fiercest. Then withdraw from him so he will be struck down and die.' **2 Sam. 11:14-15**

Whoever conceals their sins does not prosper, but the one who confesses and renounces them finds mercy. **Prov. 28:13**

Then I acknowledged my sin to you and did not cover up my iniquity. said, 'I will confess my transgressions to the Lord.' And you forgave the guilt of my sin. **Ps. 32:5**

## Do you need to repent?

How can we pray for you?

New Testament/Psalms/Proverbs

