



THE PLAN #8 – ANGER MANAGEMENT NUMBERS 20

Call Study – Jason Park

Fools vent their anger, but the wise quietly hold it back. Prov. 29:11

⁶ Moses and Aaron turned away from the people and went to the entrance of the Tabernacle, where they fell face down on the ground. Then the glorious presence of the Lord appeared to them, ⁷ and the Lord said to Moses, ⁸ “You and Aaron must take the staff and assemble the entire community. As the people watch, speak to the rock over there, and it will pour out its water. You will provide enough water from the rock to satisfy the whole community and their livestock.” ⁹ So Moses did as he was told. He took the staff from the place where it was kept before the Lord. ¹⁰ Then he and Aaron summoned the people to come and gather at the rock. “Listen, you rebels!” he shouted. “Must we bring you water from this rock?” ¹¹ Then Moses raised his hand and struck the rock twice with the staff, and water gushed out. So the entire community and their livestock drank their fill. ¹² But the Lord said to Moses and Aaron, “Because you did not trust me enough to demonstrate my holiness to the people of Israel, you will not lead them into the land I am giving them!” **Numbers 20:6-12**

GOD WANTS TO HEAR OUR **FRUSTRATIONS**

O my people, trust in him at all times. Pour out your heart to him, for God is our refuge. **Ps. 62:8**

How would you rate your ability to take your frustrations of others to God?

DESPITE HOW WE FEEL, GOD KNOWS **BETTER**

⁸ “My thoughts are nothing like your thoughts,” says the Lord. “And my ways are far beyond anything You could imagine. ⁹ For just as the heavens are higher than the earth, so my ways are higher than your ways and my thoughts higher than your thoughts. **Is. 55:8-9**

GOD CALLS FOR TOTAL **OBEDIENCE**

¹⁴ “So fear the Lord and serve him wholeheartedly. Put away forever the idols your ancestors worshiped when they lived beyond the Euphrates River and in Egypt. Serve the Lord alone. **Joshua 24:14**

Give an example of when partial obedience wasn't enough.

MOSES WAS ANGRY HE LACKED OBEDIENCE & HUMILITY

Then he and Aaron summoned the people to come and gather at the rock. "Listen, you rebels!" he shouted. "Must we bring you water from this rock?" ¹¹Then Moses raised his hand and struck the rock twice with the staff, **Num. 20:10**

MOSES' LACK OF CONTROL = LACK OF FAITH

⁶But when you ask him, be sure that your faith is in God alone. Do not waver, for a person with divided loyalty is as unsettled as a wave of the sea that is blown and tossed by the wind. ⁷Such people should not expect to receive anything from the Lord. **James 1:6-7**

What areas in your life do you need more faith in?

WHAT DO I DO WITH MY ANGER?

IDENTIFY IT IS PRESENT

¹⁹Understand this, my dear brothers and sisters: You must all be quick to listen, slow to speak, and slow to get angry. ²⁰Human anger does not produce the righteousness God desires. **Jam. 1:19-20**

What are the signs and symptoms of your anger?

ACKNOWLEDGE ITS CAPABLE OF DAMAGE

But the Lord said to Moses and Aaron, "Because you did not trust me enough to demonstrate my holiness to the people of Israel, you will not lead them into the land I am giving them!" **Num. 20:12**

²⁶And "don't sin by letting anger control you." Don't let the sun go down while you are still angry, ²⁷for anger gives a foothold to the devil. **Eph. 4:26-27**

Who is the collateral damage from your anger?

TAKE CONTROL

Fools vent their anger, but the wise quietly hold it back. **Prov. 29:11**

People with understanding control their anger; a hot temper shows great foolishness. ³⁰A peaceful heart leads to a healthy body; jealousy is like cancer in the bones. **Prov. 14:29-30**

⁵We destroy every proud obstacle that keeps people from knowing God. We capture their rebellious thoughts and teach them to obey Christ. **2. Cor. 10:5**

What is an area of our life lacking control and causing anger?

GOD STILL LOVES US

⁴Then the Lord said to Moses, "This is the land I promised on oath to Abraham, Isaac, and Jacob when I said, 'I will give it to your descendants.' I have now allowed you to see it with your own eyes, but you will not enter the land." ⁵So Moses, the servant of the Lord, died there in the land of Moab, just as the Lord had said. ⁶The Lord buried him in a valley near Beth-peor in Moab, but to this day no one knows the exact place. **Deuteronomy 34:4-6**

DISCUSSION QUESTIONS:

Review the questions above.

How can we pray for you?

Week 9 - Chronological Reading Plan 2024

64. Numbers 23-25

65. Numbers 26-27

66. Numbers 28-30

67. Numbers 31-32

68. Numbers 33-34

69. Numbers 35-36

70. Deuteronomy 1-2