



A GUIDE TO PRAYER WALKING:

"We are therefore Christ's ambassadors, as though God were making his appeal through us. We implore you on Christ's behalf: Be reconciled to God."

2 Cor. 5:20

"I will give you the keys of the kingdom of heaven, and whatever you bind on earth shall be bound in heaven, and whatever you loose on earth shall be loosed in heaven."

Matt. 16:19

Whether you have prayer-walked before or this is your first step in the process of prayer-walking, I want to welcome you into the joy of this experience! As you begin to acknowledge the spiritual authority that you have in Jesus and start practicing high-priestly prayer for the spaces that that Lord leads you to, you will see miraculous things. As an ambassador of the Kingdom, you will see the Kingdom come in ways that you could've never asked, dreamed or imagined. As you begin, remember: God may not do everything all the time, but neither does He do nothing any of the time; what He does do is something every time, so let's get out there and start walking!

Steps to begin:

1. Identify your prayer patch

- In a quiet time of prayer, enter into a posture of listening. Tell Jesus you are listening and ask Him to speak to you.
- Then, begin by thinking about all of the places you go in your normal week. Actually imagine yourself at these places (e.g. driving your kids to school, sitting in your office, walking the dog in your neighborhood, etc.) Think about where they are, what they look like and who is there.
- Then, think about the places that perhaps you only go to occasionally, but have a special place in your heart or a special significance to you.
- After you have done this, ask Jesus to reveal where, amongst all these spaces, He wants to send you and plant you as a prayer-walking ambassador and Kingdom servant. Ask him to illuminate a particular place.
- Finally, thank Him for His calling on your life. Thank Him for using you and commit to Him your obedience to listen and go.
- After all of this, pull up google maps and take a look at the area that you believe God illuminated to you as your "prayer patch". Identify a "border" to your patch. I encourage you to get specific—what roads, paths or landmarks mark out the edges of you patch.

2. Choose a time to walk and pray.

- Once you have identified your patch, set out time on your calendar where you are going to go walk and pray.
- Pick a time and make it sacred. Make sure it is a time where you can be focused and undistracted from all they busyness of your life.

3. Walk!

(PRE-WALK)

- **Acknowledge your identity as one in whom the Lord dwells and thus, a wielder of the authority of Jesus Christ, the great High Priest.**
Example: “Lord, thank You for saving me and coming into my life. Thank You for giving me the Holy Spirit. I acknowledge that You’ve equipped me with Your authority to bind and loose here in this place and I choose to walk in and from that position of authority.”
- **Pray for personal covering:** Ask God for protection and help. (Eph. 6:10-18).
Example: “Lord, as I begin this prayer walk, I know that there is a battle in the spiritual realms and that sin and the devil long to have me and have this place. Therefore, I ask for Your protection over my mind, body and soul. I ask that You send your angels to guard me. I place my faith in You, the One True God. Guard my mind from the lies of the devil, and help me to remember the truth of Your salvation.”
- **Take ownership:** Declare your responsibility for the land.
Example: “Lord, this is my patch. I take responsibility for it and will love this space and the people in it by praying here and declaring your Kingdom over it and in it.”

(DURING WALK)

- **Observe the natural world:** Use your senses and ask God for discernment in what you see.
 - What’s going on around you?
 - What do you feel? (Note feelings of peace or fear.)
 - What do you see? Hear? Smell?
 - What do you think about this place?
- **Listen / Ask:** Ask God for deeper insight into the spiritual realities of what’s going on and listen for his responses.
 - God, how do you see this place? (What’s your heart for this land?)
 - God, where are you at work in this place?
 - God, help me discern the land. What do you want me to know?
 - What should I pray for?
- **Weed:** Ask God for further insight as you begin to “clear” the land of the influence of the enemy. God may invite you to address defilements in the land.
 - God, where has darkness prevailed?
 - What is occupying this land?
 - Cover with the blood of Jesus
 - Command / Bind darkness and the influence of the devil.
 - Ask God to remove evil

- **Plant:** Bless and build God's Kingdom culture as you prayer walk. We always have the right to do this in our spheres. See Jeremiah 1:10.
 - Declare truth
 - Bless / Loosen (If you have interactions with people along the way, see if you can offer to bless them!)
 - Preach the gospel to the land
 - Worship
- **Close your time by thanking God for what He did during your walk (regardless if you "felt" or "saw" anything.)**

4. Invite others to join you!

- Whether you invite someone on your first walk or on your 5th walk, it's always a great experience to have someone along with you! Maybe you alternate between your patch and their patch!
- *It's best to prayer walk with a partner, especially as you learn how to discern what's going on in the land. Often, when we go out in pairs, God speaks to both people, and the similarity of what each person is discerning affirms that it is from God and confirms what each person is sensing. Also, we often feel more confident to confront the dominion of darkness when we have a companion.*

With these steps, you can begin to start the process of prayer walking and claiming territory in the name of Jesus! If you feel led, it's often helpful to journal a brief summary of your prayer-walking experiences to keep track of what is happening in you and in the land.

Then, with the borders of your patch set, start praying for your patch on a consistent basis! You will be amazed to see what God does over a three, six or twelve-month period!

"...we speak as those approved by God to be entrusted with the gospel. We are not trying to please people but God, who tests our hearts."

1 Thes. 2:4