



Beyond Balance: Rhythms of Work in God's World | | Genesis 1:26-28

Genesis 1:26-28

²⁶Then God said, "Let us make man in our image, after our likeness. And let them have dominion over the fish of the sea and over the birds of the heavens and over the livestock and over all the earth and over every creeping thing that creeps on the earth."

²⁷So God created man in his own image,
in the image of God he created him;
male and female he created them.

²⁸And God blessed them. And God said to them, "Be fruitful and multiply and fill the earth and subdue it, and have dominion over the fish of the sea and over the birds of the heavens and over every living thing that moves on the earth."

"How we spend our days is, of course, how we spend our lives." –Annie Dillard, *The Writing Life*

Redeem the Goodness of Work

Genesis 1:28

²⁸And God blessed them. And God said to them, "Be fruitful and multiply and fill the earth and subdue it, and have dominion over the fish of the sea and over the birds of the heavens and over every living thing that moves on the earth."

Genesis 3:17b-19a

cursed is the ground because of you;
in pain you shall eat of it all the days of your life;
¹⁸ thorns and thistles it shall bring forth for you;
and you shall eat the plants of the field.
¹⁹ By the sweat of your face
you shall eat bread,

Choose God's Wisdom for Work

Work to Create Flourishing

Work with Integrity

Work for Excellence

When you're working, work. When you're resting, rest.

Be Free from Being Defined by Your Work

Buzzfeed article, Ann Helen Petersen

"...students were convinced that their first job out of college would not only determine their career trajectory, but also their intrinsic value for the rest of their lives...[they] internalize the need to find employment that reflects well on their parents (steady, decently paying, recognizable as a "good job") that's also impressive to their peers (at a "cool" company) and fulfills what they've been *told* has been the end goal of all of this childhood optimization: doing work that you're passionate about." –Anne Helen Petersen, *How Millennials Became the Burnout Generation*, BuzzFeed News

"So what happens when millennials start the actual search for that holy grail career — and start "adulting" — but it doesn't feel at all like the dream that had been promised? ...[It all] culminates in the dominant millennial condition, regardless of class or race or location: burnout." –Anne Helen Petersen, *How Millennials Became the Burnout Generation*, BuzzFeed News

Genesis 1:27-28a

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