



The Master's Teaching on ANXIETY

Luke 12:22-34

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anxiety (n): a feeling of worry, nervousness, or unease, typically about an imminent event or something with an uncertain outcome; causes of anxiety include big events, trauma, or life experiences; buildups of smaller, stress-filled life situations trigger anxiety, things happening that you cannot control

Then Jesus said to his disciples: "Therefore I tell you, do not worry about your life, what you will eat; or about your body, what you will wear. For life is more than food, and the body more than clothes. Consider the ravens: They do not sow or reap, they have no storeroom or barn; yet God feeds them. And how much more valuable you are than birds! Who of you by worrying can add a single hour to your life? Since you cannot do this very little thing, why do you worry about the rest?" *Luke 12:22-26 NIV*

Jesus' Mind on My ANXIETIES

- HUMAN _____.
- ROOTED _____.
- MISPLACED _____.
- CLOUDS _____.

"Consider how the wild flowers grow. They do not labor or spin. Yet I tell you, not even Solomon in all his splendor was dressed like one of these. If that is how God clothes the grass of the field, which is here today, and tomorrow is thrown into the fire, how much more will he clothe you—you of little faith! And do not set your heart on what you will eat or drink; do not worry about it. For the pagan world runs after all such things, and your Father knows that you need them."

Luke 12:27-31 NIV

Jesus' Desire When I Am ANXIOUS

INTERNALIZE _____ EMOTIONALLY
RECOGNIZE _____ PRACTICALLY
RESET _____ SPIRITUALLY
RISK _____ PERSONALLY

"But seek his kingdom, and these things will be given to you as well. Do not be afraid, little flock, for your Father has been pleased to give you the kingdom. Sell your possessions and give to the poor. Provide purses for yourselves that will not wear out, a treasure in heaven that will never fail, where no thief comes near and no moth destroys. For where your treasure is, there your heart will be also." Luke 12:32-34 NIV

A PEOPLE OF PEACE IN A WORLD OF PANIC

SECURE IN GOD'S LOVE MEANS _____.
SECURE IN GOD'S LOVE MEANS _____.
SECURE IN GOD'S LOVE MEANS _____.

"If GOD hadn't been there for me, I never would have made it. The minute I said, 'I'm slipping, I'm falling,' your love, GOD, took hold and held me fast. When I was upset and beside myself, you calmed me down and cheered me up." Psalm 94:17-19 MSG

"God's unfailing love and faithfulness came through Jesus Christ." John 1:17 NLT

failsafe (n): a secondary safety system or back up that comes into operation in the event of a breakdown, malfunction, or something going wrong

IS GOD'S FAILSAFE IN PLACE?

Father in Heaven...

I am ready for your love to take over how I view myself, my past, my present, and my future. I am ready to give the fullest access to my inner self so that any fear – known or unknown – can be defeated and replaced by your love for me. I want to grasp every dimension of your love for me so that every purpose you have for me will be fulfilled. Begin the process now, Father, of breaking down all my defenses, all pride, and all fear so that I can receive your power and experience your peace. I want to be free – along with my brothers and sisters in Christ – to risk for you and sacrifice for others in this important moment of time. I ask for this freely with all faith and hope in your son Jesus.

Amen

FILL-INS

**TENDENCY
IN SCARCITY
ENERGY
REALITY**

**MY WORTH
HIS ABILITY
MY HEART ON THE FATHER
LIVING OUT MY TRUEST IDENTITY**

**WE'RE FREE TO RISK FOR GOD
WE'RE FREE TO SACRIFICE FOR OTHERS
WE'RE OK WHEN THE OCEANS RAGE**