



Proverbs: Wisdom for Conflict | Proverbs 10:11, 27:6, 18:2, 12:18, 15:1, 14:9, 17:9

Proverbs 10:11

¹¹ The mouth of the righteous is a fountain of life,
but the mouth of the wicked conceals violence.

Proverbs 27:6

⁵ Better is open rebuke
than hidden love.

⁶ Faithful are the wounds of a friend;
profuse are the kisses of an enemy.

Proverbs 18:2

² A fool takes no pleasure in understanding,
but only in expressing his opinion.

Proverbs 12:18

¹⁸ There is one whose rash words are like sword thrusts,
but the tongue of the wise brings healing.

Proverbs 15:1

¹⁵ A soft answer turns away wrath,
but a harsh word stirs up anger.

Proverbs 14:9

⁹ Fools mock at the guilt offering,
but the upright enjoy acceptance.

Proverbs 17:9

⁹Whoever covers an offense seeks love,
but he who repeats a matter separates close friends.

“Putting toilet paper over or under. Definitely over. Under doesn't make sense. ;)”

“If you punch yourself and it hurts, are you weak or are you strong?”

“[My husband and I] got in a fight on a jet ski.”

“My friend asked me if I had to choose one USELESS superpower, what would it be. He said he would want a power to wipe out all residue. I said that's a useful power. He said not against superheroes. I said we don't live in that world. We argued.”

“Which arm rest is yours in the movie theater?!”

“Whether or not [my husband] could eat cup of noodles.”

Prologue for Wise Conflict

Proverbs 10:11

¹¹The mouth of the righteous is a fountain of life,
but the mouth of the wicked conceals violence.

“A person sniffing the flowers when a bee stings quickly forgets the flowers even if the bouquet is very large...It takes many affirmations to overcome the impact of a criticism, because criticisms are heavier and sting more.” –Sam Crabtree, *Practicing Affirmation*

Paradigm for Wise Conflict

Avoidant

Combative

Collaborative

Proverbs 27:6

⁵Better is open rebuke
than hidden love.

⁶Faithful are the wounds of a friend;
profuse are the kisses of an enemy.

Posture for Wise Conflict

Proverbs 18:2

²A fool takes no pleasure in understanding,
but only in expressing his opinion.

Practices for Wise Conflict

Proverbs 12:18

¹⁸There is one whose rash words are like sword thrusts,
but the tongue of the wise brings healing.

Proverbs 15:1

¹⁵A soft answer turns away wrath,
but a harsh word stirs up anger.

Facts → “I noticed...”

Thoughts → “It seems to me that...” and “I value...”

Feelings → “I feel...”

Desires → “I would like...”

Actions → “Would you be willing to...”

Price for Wise Conflict

Proverbs 14:9

⁹Fools mock at the guilt offering,
but the upright enjoy acceptance.

Proverbs 17:9

⁹Whoever covers an offense seeks love,
but he who repeats a matter separates close friends.

1 John 4:10-11

¹⁰ In this is love, not that we have loved God but that he loved us and sent his Son to be the propitiation for our sins. ¹¹ Beloved, if God so loved us, we also ought to love one another.