



## **Psalm 40:1-5**

I waited patiently for the LORD; he turned to me and heard my cry

He lifted me out of the slimy pit, out of the mud and mire; he set my feet on a rock and gave me a firm place to stand.

He put a new song in my mouth, a hymn of praise to our God. Many will see and fear the LORD and put their trust in him.

Blessed is the one who trusts in the LORD, who does not look to the proud, to those who turn aside to false gods.

Many, LORD my God, are the wonders you have done, the things you planned for us. None can compare with you; were I to speak and tell of your deeds, they would be too many to declare.

## **God Hears Your CRY**

*1 I waited patiently for the LORD; he turned to me and heard my cry*

While Jesus was here on earth, he offered prayers and pleadings, with a loud cry and tears, to the one who could rescue him from death. And God heard his prayers because of his deep reverence for God. **Hebrews 5:7**

“Pain insists upon being attended to. God whispers to us in our pleasures, speaks in our conscience, but shouts in our pain: it is His megaphone to rouse a deaf world.” **C. S. Lewis**

God Hears Your Cry

## God LIFTS You Up

*2. He lifted me out of the slimy pit, out of the mud and mire; he set my feet on a rock and gave me a firm place to stand.*

“Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock. But everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand. The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash.” **Mathew 7:24-27**

For he has rescued us from the dominion of darkness and brought us into the kingdom of the Son he loves, **Colossians 1:13**

For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future. **Jeremiah 11**

God Hears Your Cry

God Lifts You Up

## God Gives You A NEW SONG

*3. He put a new song in my mouth, a hymn of praise to our God. Many will see and fear the LORD and put their trust in him.*

**Revelation 4:11** says, “You are worthy, O Lord, to receive glory and honor and power; For You created all things, And by Your will they exist and were created.”

In this way, we present ourselves to Him as a living sacrifice, holy and pleasing to Him. This glorifies God and is our “reasonable service” **Romans 12:1**.

In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven. **Matthew 5:16**

Amazing grace! how sweet the sound,  
That saved a wretch; like me!  
I once was lost, but now am found,  
Was blind, but now I see.

God Hears Your Cry

God Lifts You Up

God Give You A New Song

## God BLESSES The Believer

*4. Blessed is the one who trusts in the LORD, who does not look to the proud, to those who turn aside to false gods.*

For I have come to you in my Father's name, and you have rejected me. Yet if others come in their own name, you gladly welcome them. **John 5:43**

But seek first his kingdom and his righteousness, and all these things will be given to you as well. **Matthew 6:33**

Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight. **Proverbs 3:5-6**

God Hears Your Cry

God Lifts You Up

God Give You A New Song

God Blesses The Believer

## God Does WONDERS For You

*5. Many, LORD my God, are the wonders you have done, the things you planned for us. None can compare with you; were I to speak and tell of your deeds, they would be too many to declare.*

For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do. **Ephesians 2:10**

Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, **Ephesians 3:20**

Let's read Psalm 40:1-5 together:

1 I waited patiently for the LORD; he turned to me and heard my cry

2 He lifted me out of the slimy pit, out of the mud and mire; he set my feet on a rock and gave me a firm place to stand.

3 He put a new song in my mouth, a hymn of praise to our God. Many will see and fear the LORD and put their trust in him.

4 Blessed is the one who trusts in the LORD, who does not look to the proud, to those who turn aside to false gods.

5 Many, LORD my God, are the wonders you have done, the things you planned for us. None can compare with you; were I to speak and tell of your deeds, they would be too many to declare.

God Hears Your Cry

God Lifts You Up

God Give You A New Song

God Blesses The Believer

God Does Wonders For You