



SONGS FROM THE HEART
Psalm 121 - The Wonderful Unknown

“I lift up my eyes to the mountains—where does my help come from? My help comes from the LORD, the Maker of heaven and earth. He will not let your foot slip—he who watches over you will not slumber; indeed, he who watches over Israel will neither slumber nor sleep. The LORD watches over you—the LORD is your shade at your right hand; the sun will not harm you by day, nor the moon by night. The LORD will keep you from all harm—he will watch over your life; the LORD will watch over your coming and going both now and forevermore.” Psalm 121 NIV

ALONG THE WAY ... SOME FEARS AND SOME POWERFUL PROMISES

DO NOT FEAR THE _____...

“I lift up my eyes to the mountains—where does my help come from? My help comes from the LORD, the Maker of heaven and earth.” (1-2)

...BECAUSE I AM _____.

They gave Moses this account: “We went into the land to which you sent us, and it does flow with milk and honey! Here is its fruit. But the people who live there are powerful, and the cities are fortified and very large. We saw the Nephilim there (the descendants of Anak come from the Nephilim). We seemed like grasshoppers in our own eyes, and we looked the same to them.” Joshua and Caleb, who were among those who had explored the land, tore their clothes and said to the entire Israelite assembly, “do not be afraid of the people of the land, because we will devour them. Their protection is gone, but the LORD is with us. Do not be afraid of them.” But the whole assembly talked about stoning them. Then the glory of the LORD appeared at the tent of meeting to all the Israelites. The LORD said to Moses, “How long will these people treat me with contempt? How long will they refuse to believe in me, in spite of all the signs I have performed among them?” Numbers 13:27-28, 33, 14:9-11 NIV

DO NOT FEAR THE _____...

“He will not let your foot slip—he who watches over you will not slumber; indeed, he who watches over Israel will neither slumber nor sleep.” (3-4)

...BECAUSE I AM _____.

That day when evening came, he said to his disciples, “Let us go over to the other side.” Leaving the crowd behind, they took him along, just as he was, in the boat. There were also other boats with him. A furious squall came up, and the waves broke over the boat, so that it was nearly swamped. Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, “Teacher, don’t you care if we drown?” He got up, rebuked the wind and said to the waves, “Quiet! Be still!” Then the wind died down and it was completely calm. He said to his disciples, “Why are you so afraid? Do you still have no faith?” They were terrified and asked each other, “Who is this? Even the wind and the waves obey him!” Mark 4:35-41NIV

DO NOT FEAR THE _____...

“The LORD watches over you—the LORD is your shade at your right hand; the sun will not harm you by day, nor the moon by night.” (5-6)

...BECAUSE I WILL _____.

“And my God will meet all your needs according to the riches of his glory in Christ Jesus.”

Philippians 4:19 NIV

HIS _____ FROM HIS _____ FOR HIS _____

When Jesus looked up and saw a great crowd coming toward him, he said to Philip, “Where shall we buy bread for these people to eat?” He asked this only to test him, for he already had in mind what he was going to do. Philip answered him, “It would take more than half a year’s wages^[a] to buy enough bread for each one to have a bite!” Another of his disciples, Andrew, Simon Peter’s brother, spoke up, “Here is a boy with five small barley loaves and two small fish, but how far will they go among so many?” Jesus said, “Have the people sit down.” John 6:5-10 NIV

DO NOT FEAR THE _____...

“The LORD will keep you from all harm—he will watch over your life; the LORD will watch over your coming and going both now and forevermore.” (7-8)

...BECAUSE I WILL _____.

When you go to war against your enemies and see horses and chariots and an army greater than yours, do not be afraid of them, because the LORD your God, who brought you up out of Egypt, will be with you. When you are about to go into battle, the priest shall come forward and address the army. He shall say: “Hear, Israel: Today you are going into battle against your enemies. Do not be fainthearted or afraid; do not panic or be terrified by them. For the LORD your God is the one who goes with you to fight for you against your enemies to give you victory.” Deuteronomy 20:1-5

“I have given you authority to trample on snakes and scorpions and to overcome all the power of the enemy; nothing will harm you.” Luke 10:19 NIV

THE JOURNEY AHEAD ...

They joined with the other believers in regular attendance at the apostles’ teaching sessions and at the Communion services and prayer meetings. A deep sense of awe was on them all, and the apostles did many miracles. And all the believers met together constantly and shared everything with each other, selling their possessions and dividing with those in need. They worshiped together regularly at the Temple each day, met in small groups in homes for Communion, and shared their meals with great joy and thankfulness, praising God. The whole city was favorable to them, and each day God added to them all who were being saved.

INTO A DEEPER SENSE OF _____.

INTO A DEEPER SENSE OF _____.

INTO A DEEPER SENSE OF _____.