



Reset Prayer

I. 7 Keys to Answered Prayer

1. Pray with no unconfessed sin

Psalm 66:18-19

If I had cherished sin in my heart,
 the Lord would not have listened;
¹⁹ but God has surely listened
 and has heard my prayer.

1 John 1:9

If we confess our sins, He is faithful and righteous to forgive us our sins
 and to cleanse us from all unrighteousness

2. Pray in Jesus name

John 14:12-14

¹² Very truly I tell you, whoever believes in me will do the works I have been
 doing, and they will do even greater things than these, because I am going

to the Father. ¹³ And I will do whatever you ask in my name, so that the Father may be glorified in the Son. ¹⁴ You may ask me for anything in my name, and I will do it.

3. Pray in faith

Mark 11:22-25

²² “Have faith in God,” Jesus answered. ²³ “Truly I tell you, if anyone says to this mountain, ‘Go, throw yourself into the sea,’ and does not doubt in their heart but believes that what they say will happen, it will be done for them. ²⁴ Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours.

4. Pray according to God’s will

1 John 5:14-15

¹⁴ This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. ¹⁵ And if we know that he hears us—whatever we ask—we know that we have what we asked of him

5. Pray abiding in Jesus and His Word

John 15:7-8, 16

⁷ If you abide in Me, and My words abide in you, ask whatever you wish, and it will be done for you. ⁸ My Father is glorified by this, that you bear much fruit, and so prove to be My disciples... ¹⁶ You did not choose Me but I chose you, and appointed you that you would go and bear fruit, and *that* your fruit would remain, so that whatever you ask of the Father in My name He may give to you.

6. Pray persistently with an attitude of shameless audacity

Luke 11:1-10

One day Jesus was praying in a certain place. When he finished, one of his disciples said to him, “Lord, teach us to pray, just as John taught his disciples.” ...⁵ Then Jesus said to them, “Suppose you have a friend, and you go to him at midnight and say, ‘Friend, lend me three loaves of bread; ⁶a friend of mine on a journey has come to me, and I have no food to offer him.’ ⁷ And suppose the one inside answers, ‘Don’t bother me. The door is already locked, and my children and I are in bed. I can’t get up and give you anything.’ ⁸ I tell you, even though he will not get up and give you the bread because of friendship, yet because of your shameless audacity he will surely get up and give you as much as you need.⁹ “So I say to you: Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. ¹⁰ For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened.

7. Pray claiming your authority in Christ

Matthew 16:18-19, 18:18-20

¹⁸ And I tell you that you are Peter, and on this rock I will build my church, and the gates of Hades will not overcome it. ¹⁹ I will give you the keys of the kingdom of heaven; whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.”

¹⁸ “Truly I tell you, whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.¹⁹ “Again, truly I tell you that if two of you on earth agree about anything they ask for, it will be done for them by my Father in heaven. ²⁰ For where two or three gather in my name, there am I with them.”

II. Prayer Practices That Will Change Your Life

1. Pray daily

Psalm 5:3

In the morning, LORD, you hear my voice; in the morning I lay my requests before you and wait expectantly.

Psalm 55:17

Evening, morning and noon I cry out in distress, and he hears my voice.

Psalm 145:2

Every day I will praise you and extol your name for ever and ever.

2. Pray with fasting for spiritual breakthroughs

Mark 9:20-29

²⁰ So they brought him. When the spirit saw Jesus, it immediately threw the boy into a convulsion. He fell to the ground and rolled around, foaming at the mouth.²¹ Jesus asked the boy's father, "How long has he been like this?" "From childhood," he answered.²² "It has often thrown him into fire or water to kill him. But if you can do anything, take pity on us and help us."²³ "If you can?" said Jesus. "Everything is possible for one who believes."²⁴ Immediately the boy's father exclaimed, "I do believe; help me overcome my unbelief!"²⁵ When Jesus saw that a crowd was running to the scene, he rebuked the impure spirit. "You deaf and mute spirit," he said, "I command you, come out of him and never enter him again."²⁶ The spirit shrieked, convulsed him violently and came out. The boy looked so much like a corpse that many said, "He's dead."²⁷ But Jesus took him by the hand and lifted him to his feet, and he stood up.²⁸ After Jesus had gone indoors, his disciples asked him privately, "Why couldn't we drive it out?"²⁹ He replied, "This kind can come out only by prayer and fasting"

3. Pray with the whole Church for revival, miracles and an outpouring of the Holy Spirit

Acts 4:23-31

²³ On their release, Peter and John went back to their own people and reported all that the chief priests and the elders had said to them.²⁴ When they heard this, they raised their voices together in prayer to God. "Sovereign Lord," they said, "you made the heavens and the earth and the sea, and everything in them.²⁵ You spoke by the Holy Spirit through the mouth of your servant, our father David:

"Why do the nations rage
and the peoples plot in vain?

²⁶ The kings of the earth rise up
and the rulers band together

against the Lord

and against his anointed one.’

²⁷ Indeed Herod and Pontius Pilate met together with the Gentiles and the people of Israel in this city to conspire against your holy servant Jesus, whom you anointed. ²⁸ They did what your power and will had decided beforehand should happen. ²⁹ Now, Lord, consider their threats and enable your servants to speak your word with great boldness. ³⁰ Stretch out your hand to heal and perform signs and wonders through the name of your holy servant Jesus.”

³¹ After they prayed, the place where they were meeting was shaken. And they were all filled with the Holy Spirit and spoke the word of God boldly.

4. Pray about everything and ask for the Elders to pray for healing

James 5:13-18

¹³ Is anyone among you in trouble? Let them pray. Is anyone happy? Let them sing songs of praise. ¹⁴ Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord. ¹⁵ And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven.

¹⁶ Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective. ¹⁷ Elijah was a human being, even as we are. He prayed earnestly that it would not rain, and it did not rain on the land for three and a half years. ¹⁸ Again he prayed, and the heavens gave rain, and the earth produced its crops.