



The Essentials of Healthy Relationships

50 one another's and each other's in the New Testament

If our relationships aren't working our life is not working

What we need to know, what we need to feel and what we need to do in order to have healthy and successful relationships

- 1. Following Christ makes a difference in the way we do our relationships**
- 2. Relational commands call for a response of faith and obedience**
- 3. We are called to be other-centered in our relationships**
- 4. "Love one another" is the most repeated command and should be our go to response**
- 5. The way we treat one another flows from a transformed life in Christ**
- 6. Our attitudes, actions and words are all important in healthy relationships**